

**Southwest Region
CHNS
January 2015 Report**

Cheryl Byrd

- Provided technical assistance to School Nurses and school admin related to Communicable disease prevention and treatment in the school setting-one school experiencing outbreak of scabies-needing assistance to address parents and school staff.
- Provided CPR/AED/First Aid certification training for 11 Early Childhood staff-Included education on tobacco-Act 811, SHS exposure and effects on children; Child Passenger Safety; Heat-related deaths of children left in cars and ways to prevent those deaths.
- Attended coalition meetings in Montgomery County and Little River County. The 2015 Little River work plan includes: Safety Baby Showers (Tobacco-SHS exposure, Act 811, Smoking effects on babies, SIDS; Kids Kollege at CCCUA-Ashdown for July – incorporating Pig Lungs and tobacco education to 40 (4-8 year-old) students; and Falls Prevention for Adults.
- Conducted School Nurse Visits to Caddo Hills, Wickes, Vandervoort, Cossatot River, Ashdown Elementary and High School and De Queen. Discussed Immunization Requirements for Schools, Flu Activity, Communicable Disease Management in Schools, Chronic Disease Management in Schools
- Continue to work on SWR planning committee to create Summer Workshop Work plan for SWR School Nurses and School Partners by offering regional and local trainings to meet identified needs of those partners-Two hour Suicide Training required for all certified school staff to maintain licensure.

Eddie Greenwood

- Along with Victor Alexander, DIS, presented to 650, 9-12 grade students at Arkadelphia High School on STD/Teen Pregnancy. Eddie presented to the 9-10 grade girls and the 11-12 grade girls. Victor presented to the 9-10 grade boys and the 11-12 grade boys.
- Presentation using the RealityWorks Fetal alcohol and drug babies to 12 people to Parenting class at Hope High School. Discussed the harms to a fetus and lifelong consequences to a child when the mother uses alcohol, drugs, and tobacco during her pregnancy. Discussed how drugs, alcohol, and tobacco will affect an infant during breastfeeding. Demonstrated how alcohol can affect the fetus by pouring Everclear alcohol on a raw egg. The class was amazed at how quickly the alcohol caused the egg to start changing.
- Conducted a Baby Safety Shower for 10 peoples in Hope focusing on infant mortality, infant injury prevention, car seat safety, crib safety, fire/burn safety and safety of children in and around the home. Distributed copies of ACH Injury Prevention materials, the DVD-Period of Purple Crying, bibs and onsies with a back to sleep message. Discussed the harms of second hand smoke to an infant and children. Discussed no smoking in home, car or anywhere around the baby. Gave out the SOS Quitline number Discussed seatbelt use for all people in a car and falls in children and adults in the home.

- Conducted an abbreviated version of a Baby Safety Shower focusing on infant mortality, infant injury prevention, car seat safety, seat belt use for all passengers, crib safety, fire/burn safety and safety of children in and around the home. Also discussed, immunizations in children, falls for children and adults, breastfeeding, and the harms of second hand smoke to an infant and children to 8 participants. Distributed information on Act 811, no smoking in a vehicle with a child 14 and under.
- Presented American Heart Association Pediatric First Aid, CPR and AED training to five teachers and staff. Discussed injury prevention and no tobacco use and distributed pamphlets with quitline information. Also, discussed signs of heart attack and stroke and the need for all people to be immunized with age-appropriate vaccines.

Rhonda McDonald

- Created a questionnaire for the school nurses in South West Region. This questionnaire included name, school district/co-op, address, phone number, CPR date, and certification dates of the following: vision, hearing, scoliosis, and BMI. This information is collected in a spreadsheet for the entire region and filters are added to filter any information we may need per co-op or screening dates.
- Conducted training for CPR Instructor. Five participants were present. This is 6 hour training
- Presented vision for school nurses at Dawson Co-op. This was a regional training. All CHNS were assisting. During the vision training, two brochures were passed out and discussed – Smoking with contacts in and how much money you spend in a lifetime on tobacco. Vision training-five participants present.
- Attended AHOC coalition meeting in Ouachita County, have served AHOC as chairman for three years. Manage the Facebook page for AHOC Coalition and co-manage Ouachita County Health Unit- post flyers from the community and any community news that is sent to me.
- Currently serve on a board to create a Health Commission for Ouachita County. Assisted in obtaining an example application and adjusting it for an example for applying for a position on the committee and submitted the application on line to our workgroup; attended the Health Commission meeting for Ouachita County; s submitted a sample application to review and “Eight Step to Develop an Effective Coalition”.
- Attended the TOUCH coalition meeting in El Dorado, serve as co-chair of the healthy living group; reported on a local vapor store, information on the smart driving challenge, and shared with the group regarding ASIST training in May.

Tommie Rogers

- Presented Scoliosis Screening to 21 school nurses. During presentation, mentioned the fact that smoking interferes with bone healing. Discussion was made about how some doctors will refuse to operate or accept patients that smoke due to the fact that the effects of smoking hinder bone healing. This event provided school nurses with continuing education (3.5 CE's) for licensure.
- Participated in the Malvern School District Wellness Committee Meeting. There were 17 people present. Hot Springs County Extension Agent spoke on nutrition and physical fitness. Other topics discussed included Safe Schools Health Initiative Grant, Coordinated School Health/School

Based Health Center, Alliance for a Healthier Generation, School Based Mental Health Program, Threat Assessment, Homeless County, and that January is Cervical Cancer Awareness Month. We heard updates from several of the school campuses.

- Participated in the Hot Spring County Coalition Meeting in Malvern- discussed: Walk Across Hot Springs County. Start date will be March 8th and end date will be May 2nd. March 4th will be kickoff date. Provided information on upcoming events. There were 6 people present.
- Presented information on influenza and “How to Stay Healthy” at the AAEOP (Arkansas Association of Educational Office Professionals) meeting held at Dawson Co-op; discussed what the flu was, who is at risk, the symptoms, how flu is spread, when someone is contagious, who should get vaccinated, and treatment for the flu. Also, addressed good health habits to avoid getting sick and stay healthy. There were 7 people present.
- Participated in the Statewide CHNS/CHPS Meeting held in Little Rock. Guest speakers included Vivian Nicholson, AR Hunger Alliance, Leigh Quarles, NCOHF, America’s ToothFairy and Elizabeth Bryant with the Reality Check Presentation. The NE CHNS/CHPS presented a tobacco puppet show. Paula Smith, State School Nurse Consultant, provided updates.

Melissa Kuhn, CHPS

- Corresponded via email with Wellness Committee Chairs in Ouachita County concerning inventive ideas for improving their school’s wellness and answered questions via phone call with a school nurse.
- Met with the HOPE Coalition in Ouachita County in preparation of implementing a plan to aid the community in rising above the idea of being poverty minded, thus enabling them to aim for a healthier future. A strategy for community involvement and recruitment was the focus for this month.
- Attended Camden’s City Council Meeting in support of the new HOPE Coalition.
- Attended DASH – (Dallas County Alliance Supporting Health). The Guest Speaker was Barbara Finley, Director of the Fordyce Chamber of Commerce. She shared information on her recent trip to Ethiopia to help eradicate Polio.
- Attended the CHAC Meeting. Heather Rouse with the AR Center for Health Improvement shared eleven years of AR Student BMI. The same group of children was followed from when they began Kindergarten in 2004, to the most recent study in 2014. Discussion was held about the AR State Legislation beginning on January 12th as well as shared opinions about Private Option Insurance.
- Participated with the AHOC Meeting in Ouachita County – was elected as Coalition Reporter.